

# Fun Page

Can you work out what this message is?



Sure 2

Say NO w +



Some + 1 Offers

U a H + + ful

Dr + !

**TO BE FIT, YOUR BODY HAS TO WORK WELL.**  
Unjumble the letters to find the names of some of the parts of the body affected by alcohol.



Read this backwards message:

SLLEC NIARB SLLIK LOHOCLA

## Peer Pressure

Work out the coded message that will help you to resist pressure from friends to do things you may not want to do.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

## FIND YOUR WAY SAFELY THROUGH THE MAZE OF LIFE.

When you finish you could colour the pictures.



## FIND THE WORDS IN THE WORDFIND

then fit them into the story below. One letter of each word is printed in the spaces in the story to help you.

A	D	D	I	C	T	I	V	E	P	O	T	S	C
L	B	A	V	I	P	A	N	A	D	O	L	C	I
C	O	K	E	G	U	R	D	O	C	I	A	H	T
O	D	T	R	A	E	H	D	C	H	F	A	E	O
H	Y	R	M	R	E	T	A	W	F	F	S	M	I
O	L	I	V	E	R	B	E	E	R	O	S	I	B
L	U	A	E	T	O	L	I	D	D	S	K	C	I
N	I	C	O	T	I	N	E	R	O	I	N	A	T
D	R	I	V	E	E	N	I	W	O	C	I	L	N
S	E	G	A	S	S	E	M	U	F	K	R	G	A
B	R	A	I	N	S	E	N	I	C	I	D	E	M

ADDICTIVE, ALCOHOL, ANTIBIOTIC, BEER, BODY, BRAIN, CAFFEINE, CHEMICAL, CIGARETTES, COKE, DOSE, DRINKS, DRIVE, DRUG, FOOD, HEART, LIVER, MEDICINE, MESSAGES, NICOTINE, PANADOL, SICK, STOP, TEA, TOBACCO, WATER, WINE.

The leftover letters written in order spell out a message:

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Todd was telling Rebecca about what he learned in his Drug Education class.

"We learned that a drug is a c \_\_\_\_\_ that is not a \_o\_ that changes the way a person's \_ \_ d \_ works. Drugs are often very \_ \_ \_ \_ v \_ so it is hard to \_ \_ \_ p taking them. I was surprised to discover that smoking c \_ \_ \_ \_ \_ kills far more people than any other drug," he said.

"What is the drug in cigarettes?" asked Rebecca.

"\_ \_ \_ b \_ \_ \_ contains the drug, n \_ \_ \_ \_ \_," replied Todd. "The other main drug that harms many people is alcohol that is found in d \_ \_ \_ \_ like \_ \_ \_ r and w \_ \_ \_ . We saw how it damages important parts of the body like the \_ \_ v \_ \_ kidneys, \_ \_ \_ \_ t and \_ \_ \_ \_ n. A \_ \_ \_ \_ \_ slows the m \_ \_ \_ \_ \_ from the brain to the body so it is dangerous to drink and d \_ \_ \_ \_ . It actually makes a person thirstier.

"I noticed that my can of 'Lift Plus' had ' \_ \_ f \_ \_ \_ \_ ' written on it. Is it OK to drink caffeine?" asked Rebecca?

"Not really. Caffeine is a drug and is not good for us," answered Todd. "It is addictive. There is caffeine also in c \_ \_ \_ , coffee, t \_ \_ \_ and chocolate."

"Are all drugs bad, then?" asked Rebecca.

"No. M \_ \_ \_ \_ \_ like an \_ \_ t \_ \_ \_ \_ t \_ \_ \_ can help you get better if you are s \_ \_ \_ , but you must always take the correct \_ \_ s \_ \_," said Todd. "And if you have a headache you could try drinking w \_ \_ \_ \_ or lying down instead of taking \_ \_ \_ \_ \_ d \_ \_ \_ ."

"Some people think it is cool to take drugs but I want to look after my body and brain, so I'm not going to take harmful drugs," said Rebecca.

"Neither am I," said Todd.

# CIGARETTES

Cigarettes contain nearly 4000 poisons and chemicals. See if you can unscramble the names of the three most harmful chemicals found in cigarettes.

CITINONE - an addictive drug and a poison. \_\_\_\_\_

BRANOC DIXONOME - a poisonous gas. \_\_\_\_\_

ART - a cancer causing substance. \_\_\_\_\_

Smoking cigarettes can cause lung diseases like lung cancer, emphysema and chronic bronchitis and makes asthma worse. It can cause cancers of the lip, mouth, nose and throat, as well as heart disease and blockages of veins and arteries. It also makes people less fit.

